Beth Israel Deaconess – Needham

GRAND ROUNDS (JUNE 7, 2017)

Jennifer C. Rowe
Assistant District Attorney
Director, Crime Prevention Unit

MICHAEL W. MORRISSEY
NORFOLK DISTRICT ATTORNEY
Making Choices • Saving Lives
WWW.NORFOLKDA.COM
Overdose Prevention in Norfolk County Strategic, Data-Driven Initiatives

- 172 fatal overdoses in 2016
- 43 motor vehicle homicide deaths in 2016
A detective from each of our 28 local police departments
State Police Homicide and Narcotics assigned to CPAC at NDAO
Boston DEA Diversion
FBI
HHS-OIG
Investigators from:
• Board of Medicine
• Board of Pharmacy
• Board of Nursing
Massachusetts Office of the Attorney General
NORFOLK COUNTY OVERDOSE DEATH REVIEW

DATA SOURCES

- Local Police Report
- Massachusetts State Police Report
- Patient Prescription History
- Cell phone data, if available
NORFOLK COUNTY OVERDOSE TRACKING FORM

DOD ________________
AGE ________________
GENDER ________________

____ State Police Report
____ Local Police Report
____ PMP Report

Town of Residence: _____________________________________________
Questionable Activity: ____________________________________________
Recent Rehab?: __________________________________________________
Last Prescription Filled on: _______________________________________
Drug Maintenance Program?: _______________________________________
Prescription Drugs Found at Scene?: _________________________________
Gabapentin?: ___________________________________________________
Heroin?: _______________________________________________________
Opiates & Benzos?: _____________________________________________
Snoring reported by 911 caller?: ________________________________
Attempted naloxone reversal?: ________________________________ By __________
Notes: _________________________________________________________
Refer to: _______________________________________________________

Referral Process for review of concerning prescribing and dispensing as seen in the patient prescription history of the decedent

- What gets referred?
- Where do we refer cases for review?
- What information can we share in referral process?
Norfolk County Overdose Death Review Data

- 2013: 63 fatal overdoses
- 2014: 93 fatal overdoses
- 2015: 150 fatal overdoses
- 2016: 172 fatal overdoses

**2016 Data Summary**

- 133 male decedents
- 39 female decedents
- Youngest: 17 years old
- 78 were under the age of 35
- 26 of our 28 communities had at least one fatal overdose
What have we learned and what are we doing about it?
RISK FACTORS FOR SCHOOL AGED CHILDREN

- Prescribing opioid post operatively following orthopedic sports injury during high school
- Prescribing opioid following oral surgery during high school years
- Lowered tolerance
- Unsafe storage and failure to maintain control of medicine
Screening (SBIRT)

• Universally screen two grade levels each year
• School districts select which grade levels will be screened
• School districts select evidence-based screening tool
• Train those with a medical role in your school district
  • School Nurses
  • Athletic Trainer

Grant: $2,500 to each school district for SBIRT implementation costs

Beth Israel Deaconess – Needham
“Prior to any chemical health violation, a student’s request for and enrollment in a substance abuse treatment program shall not in and of itself constitute a violation of Rule 62 (MIAA Chemical Health Rule)”
Risk Assessment & Re-Entry of Students following substance use treatment lowered tolerance
CRIME PREVENTION UNIT

SUBSTANCE ABUSE POLICY WORKSHOP
Click links below to download PDF documents:

- NORFOLK COUNTY SUBSTANCE USE PREVENTION POLICY WORKSHOP
- BRAINTEER PUBLIC SCHOOLS' Policy and Procedures for School Nurse, Athletic Director and Athletic Trainer
- BRAINTEER PUBLIC SCHOOL'S Standing Orders for Nasal Naloxone
- DRUG AND ALCOHOL ADDICTION RESOURCES
- GUIDANCE ON SCHOOL POLICIES REGARDING SUBSTANCE USE PREVENTION
- SBIRT IN SCHOOLS' GUIDELINES AND RECOMMENDATIONS
- SESSION LAWS _ CHAPTER 52 OF THE ACTS OF 2016
- SUBSTANCE USE PREVENTION DETERRENCE AND INTERVENTION PLAN, Braintree Public Schools
- REQUEST FOR RECORDS, Foxborough Regional Charter School
- RE-ENTRY PROCESS, STAFF PROCEDURES, STUDENTS RETURNING FROM HOSPITALIZATION OR MENTAL HEALTH EVALUATION
- RE-ENTRY PLAN, FOXBOROUGH REGIONAL CHARTER SCHOOL, BEHAVIORAL HEALTH
- RE-ENTRY PARENT LETTER, Students Returning From Medical or Psychiatric Hospitalization or Evaluation
- CONFERENCE SUMMARY SHEET, STUDENTS RETURNING FROM HOSPITALIZATION OR LONG-TERM LEAVE

REVERSAL REPORT FORM
Click here to download form

For more information please contact:
Jennifer Rowe (APA)
Director, Crime Prevention Unit
Norfolk District Attorney's Office
Phone: 781.830.4918
Fax: 781.830.4801

Coordinator of Diversion Programs
Phone: 781.830.4800
Fax: 781.830.4801

Community Specialists
<table>
<thead>
<tr>
<th>SCORE BOARD</th>
<th>PEER LEADERSHIP CONFERENCE (25 POINTS)</th>
<th>DISTRACTOLOGY TRAINING (25 POINTS)</th>
<th>COALITION MEETING (25 POINTS)</th>
<th>ADVENTURES IN RESPECT (25 POINTS)</th>
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**HALEY CREMER**

**DO UNTO OTHERS PEER LEADERSHIP AWARD**

In 2011 Sharon High School Student Haley Cremer was one of ten recipients of the first Norfolk County Peer Leadership Awards presented by District Attorney Michael W. Morrissey. Haley was nominated by SHS for her extraordinary efforts in bullying prevention and policy change.

Tragically, Haley was killed while jogging by an unlicensed and reckless driver on Father’s Day in June 2014. The driver of that car was successfully prosecuted by the Norfolk District Attorney’s Office and is currently incarcerated.

In an effort to encourage students to lead like Haley, the Haley Cremer Do Unto Others Peer Leadership Award will be presented annually to a Norfolk County High School student.

For more information please contact:
RISK FACTORS FOR ADULTS

- Lowered tolerance
- Drug maintenance and other medications
- Prior successful reversal
- Benzos + Opioids + drug maintenance
- Cash payments and early refills
- Poor access to treatment
Lowered Tolerance

If you are struggling with Substance Abuse Disorder you should know that your drug tolerance is lower after being incarcerated and you are at a greater risk for overdose.

Help is available. Please see the reverse side for local resources.

Michael W. Morrissey
Norfolk District Attorney

Mass Substance Abuse Helpline
1-800-327-5050
www.helpline-online.com

Mass Behavioral Health Access Substance Use Search
www.mabhaccess.com

BAS Bureau of Substance Abuse Services
www.mass.gov/dph/bsas

SAMHSA Substance Abuse and Mental Health Services
www.findtreatment.samhsa.gov

Norfolk County Chiefs of Police Association

Michael W. Morrissey
Norfolk District Attorney

Making Choices • Saving Lives
WWW.NORFOLKDA.COM
Give this to your pharmacist to obtain Narcan or naloxone.

Pharmacist:

I am requesting a naloxone rescue kit for use in a suspected overdose. Please bill my insurance provider if possible. Thank you for keeping my request discreet.

Name: ____________________________

Address: ____________________________

Insurance Name: ____________________________

ID Number: ____________________________

Date of Birth: ____________________________

Please inform me of the price based on my insurance. Please provide me with the naloxone pamphlet from the Board of Pharmacy and consultation.
Pharmacy Outreach Program

### GOALS
Encourage consistent use of PMP prior to dispensing

**Commonwealth of Massachusetts, Department of Public Health, Drug Control Program**
99 Chauncy Street, Boston, MA 02111
Telephone 617 983-6700

**Massachusetts Online PMP Enrollment Form for Dispensers**

- All boxes below are required to be filled in unless otherwise indicated. Incomplete forms will be returned.
- Read the Terms and Conditions for Prescriber and Dispenser Use of the MA Online PMP.
- Enclose a photocopy of your current Board of Registration license (wallet-size). Originals will not be returned.
- Sign and date the form.
- Mail, do not fax, the completed form to the address above, and retain a copy for your records. No fee is required.
- For MCSR Amended Application forms and other DCP information visit DCP’s Web site at [http://www.mass.gov/dph/dcp](http://www.mass.gov/dph/dcp)
- For MA Online PMP information visit [http://www.mass.gov/dph/dcp/onlinepmp](http://www.mass.gov/dph/dcp/onlinepmp)

**In the boxes below enter the requested information:**

1. **Massachusetts Pharmacy Board of Registration Pharmacist License No.** (Begin with "PH"): 

2. **Pharmacy DEA Number:** 

3. **Name:**
   - First: 
   - Middle: 
   - Last: 
   - Suffix: [e.g., Jr., Sr., II, III]

4. **Business Name and Address:** Applications that include a P.O. Box number without a street address cannot be processed. Out-of-state addresses require a letter of explanation.
   - Business Name: 
   - Department (if applicable): 
   - Street: 
   - City: 
   - State: 
   - ZIP: 

5. **Mailing Address:**
   - Check here if same as above
   - Street: 
   - City: 
   - State: 
   - ZIP: 

6. **Business Telephone No.:** 

7. **Individual e-mail Address:**

8. **Virtual Gateway Username** (If possessed, see instructions):

9. **Birth Month and Day [MM/DD] (Do not include year):**

10. **Compose a four digit PIN for MA Online PMP (No letters or other non-numeric characters):**

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**Beth Israel Deaconess – Needham**
Pharmacy Outreach Program

GOAL > Building relationships between pharmacists and local police.
SAFE STORAGE AND DISPOSAL OF MEDICINE WILL SAVE LIVES

You have a responsibility to safely store and dispose of your medicine.

Here's How!

SAFELY STORE MEDICATIONS
• Do not allow other adults or children to gain access to your prescriptions.
• A drug lockbox with a key or combination is the best security.

PROPERLY DISPOSE OF UNUSED MEDICINE
• Take unused medicines to a drug drop box at your local police department.

DROP DRUGS AT THESE POLICE STATIONS:
Braintree, Bellingham, Brookline, Canton, Cohasset, Dedham, Dover, Foxborough, Franklin, Holbrook, Medfield, Medway, Milton, Needham, Norfolk, Norwood, Quincy, Randolph, Sharon, Stoughton, Walpole, Wellesley, Westwood, Weymouth & Wrentham

COMMONLY ABUSED MEDICATIONS

NARCOTIC PAIN KILLERS
• Hydrocodone
- Lortab
- Vicodin
- Norco
• Methadone
• Codeine

• Oxycodone
- Percocet
- Roxicodone
- Endocet
- OxyContin
• Morphine
- Avinza
- MS Contin
- Kadian
• Fentanyl
- Duragesic
- Fentora
- Actiq

ANXIETY MEDICATIONS
• Xanax, Valium, Ativan, Klonopin

Adapted with permission from Medical Association of Georgia Foundation

Top Sources for First Time Drug Users
- Free from a friend or relative, with or without asking
- Prescribed to them
- Bought from a friend, relative, dealer or on the internet
- Other

MICHAEL W. MORRISSEY
NORFOLK DISTRICT ATTORNEY
www.norfolkda.com
NORFOLK COUNTY OVERDOSE DEATH REVIEW

Medicine Return Boxes
NORFOLK COUNTY OVERDOSE DEATH REVIEW

First Responder Nasal Naloxone

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## SUMMARY OF SUSPECTED OVERDOSE DEATHS – JUNE 9, 2015

Deaths occurring in Norfolk between 2/14/15 and 5/20/15

<table>
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<tr>
<th>Deaths</th>
<th>Male</th>
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- **Average Age:** 36
- **Youngest:** 19
- **Oldest:** 60

- 17 of 27 communities in Norfolk had one or more overdose deaths:
  - 13 Quincy
  - 6 Weymouth
  - 5 Stoughton
  - 2 Dedham, Braintree, Canton, Wrentham, Norwood
  - 1 Foxborough, Walpole, Westwood, Medway, Plainville, Randolph, Franklin, Brookline, Milton

- Notable trends:
  - Death in sober house setting
  - Presence of cocaine
  - 2 decedents are believed to be veterans
  - History of past overdoses/successful reversals
  - Increase in heroin-only deaths
NORFOLK COUNTY COMMUNITY COALITIONS

- Avon Coalition for Every Student (A.C.E.S.)
- Braintree Community Partnership on Substance Abuse
- Brookline Coalition Against Substance Abuse (B-CASA)
- Cohasset Safe Harbor
- Dedham Coalition for Drug and Alcohol Awareness
- Dover Substance Prevention & Awareness Network (SPAN-DS)
- Foxborough – Substance Abuse Free Environment of Foxborough (SAFE)
- Franklin S.A.F.E. Coalition
- Holbrook Cares
- Impact Norwood
- Learn to Cope
- Medfield Cares About Prevention
- Milton Substance Abuse Prevention Coalition
- Needham Coalition for Youth Substance Abuse Prevention (NCYSAP)
- Stoughton – Organizing Against Substances in Stoughton (OASIS)
- Quincy – The Mayor’s Substance Abuse Task Force
- Randolph Substance Abuse Prevention Coalition
- Walpole Coalition for Alcohol & Drug Awareness
- Weymouth Substance Abuse Prevention Team (SAPT)
PLEASE JOIN MICHAEL W. MORRISSEY, NORFOLK DISTRICT ATTORNEY FOR

THE SAFE PRESCRIBING & DISPENSING CONFERENCE
Continuing Medical and Pharmacy Education Program

THURSDAY, SEPTEMBER 14, 2017
7:30 a.m. to 3:30 p.m.

This FREE CONFERENCE is open to those who prescribe (MD, DO, DMD, NP, PA) or dispense medicine in Norfolk County.

MICHAEL W. MORRISSEY
NORFOLK DISTRICT ATTORNEY

Making Choices  Saving Lives
WWW.NORFOLKDA.COM

NEAREASTERN UNIVERSITY

ACPE

MEDICAL SOCIETY OF MASSACHUSETTS
Jennifer C. Rowe
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